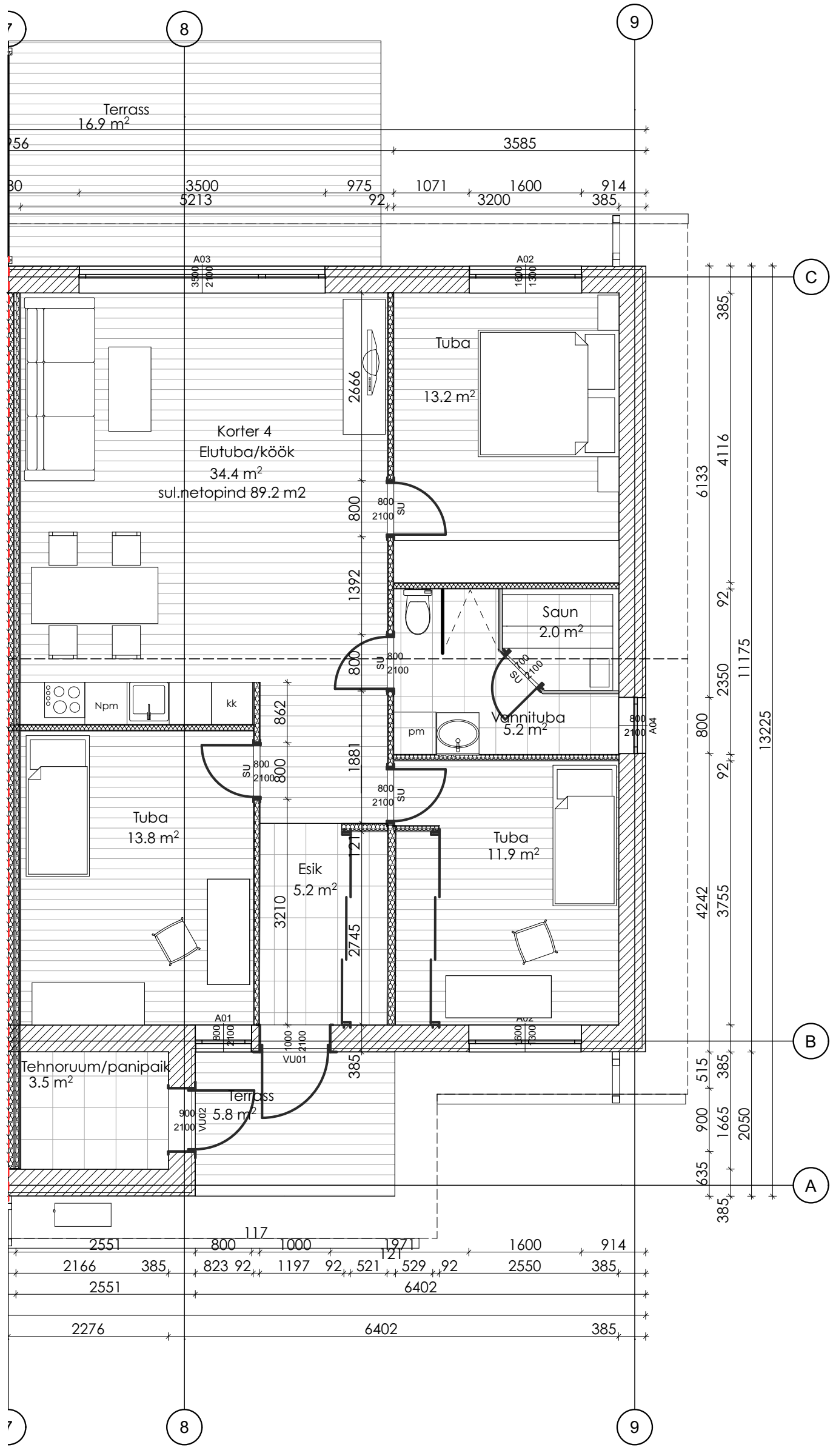Tehase põik 7-4